

Important Considerations: When Using the Lung Flute[®]

1. Advise your patients that the acoustic waves produced by the Lung Flute are inaudible to human ears. Therefore, the only sound patients will hear is the fluttering of the reed when they exhale through the Lung Flute mouthpiece.
2. Advise your patients that they will not feel any vibrations from the Lung Flute – as they would using back-pressure devices – because the Lung Flute uses acoustic wave technology.
3. Advise your patients that the Lung Flute does not need to be blown into vigorously, nor does the patient need to force a cough or use his/her diaphragm or stomach muscles to try to force out more air.
4. Depending on their condition, some patients may be unable to vibrate the reed at first. Encourage them to start with only a few sets of blows per session. If after several days of sessions they are still unable to vibrate the reed, request a consultation with them.
5. Persons with a healthy pulmonary system who try out the Lung Flute or demonstrate its operation will likely not feel any effects of attempted sputum induction (secretion mobilization). The acoustic waves produced stimulate the body's natural secretion-clearing system, which will only yield results if the lungs are not healthy and clear.

